



Living Lent 2010 from RCLB

1. As a class or a family, read the Sunday readings each week and discuss the "Question of the Week." Readings and questions can be found at www.wholecommunitycatechesis.com
2. Choose and discuss a saint for each day of Lent. Check out our Saint Resource Center at www.rclbenziger.com. Click on the top, right Resource Center tab. Find a saint by name or feast date. Information from this site can be translated into over 35 languages.
3. Discover facts about Haiti and pray for Haiti each day during Lent. Prayers and information can be found on the home page of both www.faithfirst.com and www.blestarewe.com.
4. What does Catholic Social Teaching have to do with Valentine's Day? Find out at www.faithfirst.com. Click on Teen Center on the left-hand side, go to Make A Difference. Adapt this activity to cards and letters during Lent.
5. Learn the Our Father in sign language. Downloadable instructions are found at www.blestarewe.com. Go to the Resource tab on the left-hand side, click Prayer Resources, and then The Lord's Prayer in Sign Language.
6. Prepare for Mass before going to Mass each Sunday. Go to www.faithfirst.com and click on Catechist and Teachers on the left-hand side. Click on Lectionary to find background information on the Sunday's readings as well as age-appropriate questions for discussion.
7. Learn a new Prayer or Practice of our Catholic Faith. Go to www.blestarewe.com. Click on Catholic Prayer and Practices at the top of the home page.